## ADORATION OF THE BLESSED SACRAMENT



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Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much wants to see you!

Adoration is held <u>every</u> Wednesday, from 3:30pm to 6pm in the Main Church.