Our Lady of Mt. Carmel Scripture by Heart Program November "Gratitude"

Nov. 4 Colossians 3:17
Do everything in the name of the Lord
Jesus, giving thanks to God the Father
through him.

Nov. 11 Psalm 118:21
I thank you for you answered me; you are my savior.

Nov. 18 Psalm 100:4-5 Give thanks to God, Bless his name; good indeed is the Lord, whose love endures forever.

Nov. 25 Philippians 4:6 In everything, by prayer and petition, with thanksgiving, make your requests known to God.

## Thanksgiving Day

Eucharist means "thanksgiving". Take time with your family to reflect and pray these words from the gospel that we pray together at the Eucharist.

Matthew 26:26-28 The Lord's Supper While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body." Then he took a cup, gave thanks, and gave it to them saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins."